

# THE NEW INDIA ASSURANCE CO. LTD.

REGISTERED & HEAD OFFICE: 87, MAHATMA GANDHI ROAD, MUMBAI 400001

## AROGYA SANJEEVANI POLICY, THE NEW INDIA ASSURANCE CO. LTD PROSPECTUS

We welcome You as Our Customer. This document explains how the Arogya Sanjeevani Policy, The New India Assurance Co. Ltd could provide value to You. In the document the word 'You', 'Your' means you, the Insured under the Policy. 'We', 'Our', 'Us' means New India Assurance Co. Ltd.

**Arogya Sanjeevani Policy, The New India Assurance Co. Ltd is a Policy designed to cover Hospitalisation expenses.**

### **1. WHO CAN TAKE THIS POLICY?**

All the persons proposed for this Insurance should be between the age of 18 years and 65 years. Children between the age of 3 months and 18 years are covered provided one or both parents are covered concurrently. Children between 18 years to 25 years can be covered provided they are financially dependent on the parents and one or both parents are covered simultaneously. On attaining the age of 18 years or ceasing to be financially dependent on the parents, they can, on renewal take a separate Policy. In such an event the benefits on Continuous Coverage can be ported to the new Policy. The upper age limit will not apply to a mentally challenged children and an unmarried dependent daughter(s). The persons beyond 65 years can continue their Insurance provided they are Insured under the Policy with us without any break.

### **2. CAN I COVER MY FAMILY MEMBERS IN ONE POLICY?**

Yes. You can cover Your family members in one policy.

The members of the family who could be covered under the Policy are:

- a) Proposer
- b) Proposer's Spouse
- c) Proposer's Children
- d) Proposer's Parents
- e) Proposer's Parents-In Law

### **Note:**

1. **Individual Sum Insured:** Maximum 10 members can be covered under the policy
2. **Floater Sum Insured:**
  - i. Minimum 2 members and Maximum 6 members can be covered under the Floater Policy.
  - ii. Only 2 Senior Citizens (>60 Y) can be covered under Floater Sum Insured.
3. For the relations Parents-In Law 80D certificate shall not be given.

### **3. WHAT DOES THE POLICY COVER?**

This Policy is designed to give You, the Insured, protection against unforeseen Hospitalisation expenses.

#### **4. WHAT IS A PRE EXISTING DISEASE?**

The term Pre-existing condition/disease is defined in the Policy. It is defined as:

Pre-Existing disease means any condition, ailment, injury or disease

- i. That is/are diagnosed by a physician within 48 months prior to the effective date of the policy issued by the insurer and its reinstatement or
- ii. For which medical advice or treatment was recommended by, or received from, a physician within 48 months prior to the effective date of the policy or its reinstatement

Such a condition or disease shall be considered as Pre-existing. Any Hospitalisation arising out of such pre-existing disease or condition is not covered under the Policy until forty eight months of Continuous Coverage have elapsed for the Insured Person.

#### **5. IS PRE-ACCEPTANCE MEDICAL CHECK-UP REQUIRED?**

No.

#### **6. IS HOSPITALISATION ALWAYS NECESSARY TO GET A CLAIM?**

Yes. Unless the Insured Person is Hospitalised for a condition warranting Hospitalisation, no claim is payable under the Policy. The Policy does not cover outpatient treatments.

#### **7. HOW LONG DOES THE INSURED PERSON NEED TO BE HOSPITALISED?**

The Policy pays only where the Hospitalisation is for more than twenty four hours. But for certain treatments specified in the Policy, period of stay at the Hospital could be less than twenty four hours. Please refer to the Annexures for the list of Day Care Procedures.

#### **8. WHAT DO I NEED TO DO AFTER I GET HOSPITALISED?**

Immediately on Hospitalisation or within twenty four hours of such Hospitalisation, please intimate the TPA of this fact, with details of Your Policy Number, Name of the Hospital and treatment undertaken. This is an important condition of the Policy that you need to comply with.

#### **9. IS PAYMENT AVAILABLE FOR EXPENSES INCURRED BEFORE HOSPITALISATION?**

Yes. Relevant medical expenses incurred before hospitalization for a period of THIRTY days prior to the date of Hospitalisation are payable. Relevant medical expenses means expenses related to the treatment of the disease for which the insured is Hospitalised.

#### **10. IS PAYMENT AVAILABLE FOR EXPENSES INCURRED AFTER HOSPITALISATION?**

Yes. Relevant medical expenses incurred after Discharge from the Hospital for a period of SIXTY days after the date of discharge are payable. Relevant medical expenses means expenses related to the treatment of the disease for which the insured is Hospitalised.

#### **11. CAN I GET TREATED ANYWHERE IN INDIA?**

Yes, the Policy covers treatment and/or services rendered only in India.

#### **12. IS THERE A LIMIT TO WHAT THE COMPANY WILL PAY FOR HOSPITALISATION?**

Yes. We will pay Hospitalisation expenses up to a limit, known as **Sum Insured**. In cases where the Insured Person was Hospitalised more than once, the **total of all amounts** paid

- a) for all cases of Hospitalisation,
- b) expenses paid for medical expenses prior to Hospitalisation,
- c) expenses paid for medical expenses after discharge from hospital, and

d) any other payment made under the Policy

Shall not exceed the Sum Insured and Cumulative Bonus as mentioned in the Schedule.

**Note:** For Floater Policy the Sum Insured under the policy is available for any or all the members covered for one or more claims during the tenure of the policy.

**13. WHAT SUM INSURED SHOULD I CHOOSE?**

You are free to choose any Sum Insured ranging from Rs. One Lakh to Five Lakhs (in multiples of 50,000). The Premium You pay depends upon Your Age and the Sum Insured chosen. You are free to choose any Sum Insured available in the range specified above. But it is in your own interest to choose the Sum Insured which could satisfy your present as well as future needs.

**14. HOW LONG IS THE POLICY VALID?**

The Policy is valid during the Period of Insurance stated in the Schedule attached to the Policy. It is usually valid for a period of one year from the date of beginning of insurance.

**15. IN CASE OF AYUSH TREATMENT, WILL THE ENTIRE AMOUNT BE PAID?**

The liability of the company in case of Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homeopathy treatments will be 100% of the Sum Insured provided the treatment is taken in a government Hospital or in any institute recognized by government or accredited by Quality Council Of India or National Accreditation Board on Health, excluding centers for spas, massage and health rejuvenation procedures.

**16. CAN THE POLICY BE RENEWED WHEN THE PRESENT POLICY EXPIRES?**

Yes. You can, and to get all Continuity benefits under the Policy, you should renew the Policy **before** the expiry of the present policy. For instance, if Your Policy commences from 2nd October, 2019 date of expiry is usually on 1st October, 2020. You should renew Your Policy by paying the Renewal Premium on or before 1st October 2020.

**17. WHAT IS CONTINUITY BENEFIT?**

There are certain treatments which are payable only after the Insured Person is continuously covered for a specified period. For example, Cataract is covered only after twenty four months of continuous insurance. If an Insured took a Policy in October, 2018, does not renew it on time and takes a Policy only in December 2019, and renewed it on time in December 2020, any claim for Cataract would not become payable, because the Insured person was not continuously covered for twenty four months. If, he had renewed the Policy in time in October 2019 and then in October 2020, then he would have been continuously covered for twenty four months and therefore his claim for Cataract in the Policy beginning from October 2020 would be payable. Therefore, You should always ensure that you pay Your renewal Premium before Your Policy expires.

**18. WHAT IS CUMULATIVE BONUS ?**

Cumulative Bonus means any increase or addition in the Sum Insured granted by the insurer without an associated increase in premium.

Cumulative Bonus will be increased by 5% in respect of each claim free policy year (where no claims are reported), provided the policy is renewed with the company without a break subject to maximum of 50% of the sum insured under the current policy year. If a claim is made in any particular year, the cumulative bonus accrued shall be reduced at the same



rate at which it has accrued. However, sum insured will be maintained and will not be reduced in the policy year.

**Note:**

- a. In case where the policy is on individual basis, the CB shall be added and available individually to the insured person, if no claim has been reported. CB shall reduce only in case of claim from the same Insured Person.
- b. In case where the policy is on floater basis, the CB shall be added and available to the family on floater basis, provided no claim has been reported from any member of the family. CB shall reduce in case of claim from any of the Insured Persons.
- c. CB shall be available only if the Policy is renewed/ premium paid within the Grace Period.
- d. If the Insured Persons in the expiring policy are covered on an individual basis as specified in the Policy Schedule and there is an accumulated CB for such Insured Person under the expiring policy, and such expiring policy has been Renewed on a floater policy basis as specified in the Policy Schedule then the CB to be carried forward for credit in such Renewed Policy shall be the one that is applicable to the lowest among all the Insured Persons
- e. In case of floater policies where Insured Persons Renew their expiring policy by splitting the Sum Insured in to two or more floater policies/individual policies or in cases where the policy is split due to the child attaining the age of 25 years, the CB of the expiring policy shall be apportioned to such Renewed Policies in the proportion of the Sum Insured of each Renewed Policy
- f. If the Sum Insured has been reduced at the time of Renewal, the applicable CB shall be reduced in the same proportion to the Sum Insured in current Policy.
- g. If the Sum Insured under the Policy has been increased at the time of Renewal the CB shall be calculated on the Sum Insured of the last completed Policy Year.
- h. If a claim is made in the expiring Policy Year, and is notified to Us after the acceptance of Renewal premium any awarded CB shall be withdrawn

**19. IS THERE ANY GRACE PERIOD FOR RENEWAL OF THE POLICY?**

Yes. If Your Policy is renewed within thirty days of the expiry of the previous Policy, then the Continuity Benefits would not be affected. But even if You renew Your Policy within thirty days of expiry of previous Policy, any disease contracted or injuries sustained or Hospitalisation commencing during the break in insurance is not covered. Therefore, it is in Your own interest to see that You renew the Policy before it expires.

**20. CAN THE SUM INSURED BE INCREASED AT THE TIME OF RENEWAL?**

We may agree for a request for increase in Sum Insured at the time of renewal. But We are not obliged to agree to this request, if the Person is not in good health.

Sum Insured can be increased up to Sum Insured of 5 Lakhs and up to 65 Years of age. Enhancement of Sum Insured will not be considered for:

- 1) Any Insured Person over 65 years of age.
- 2) Any Insured Person who had undergone more than one Hospitalisation in the preceding two years.
- 3) Any Insured Person suffering from one or more of the following Illnesses / Conditions:
  - a) Any chronic Illness

- b) Any recurring Illness
- c) Any Critical Illness

In respect of any enhancement of Sum Insured, exclusions 6.1, 6.2 and 6.3 would apply to the additional Sum Insured from such date.

**21. IS THERE AN AGE LIMIT UPTO WHICH THE POLICY WOULD BE RENEWED?**

No. Your Policy can be renewed, as long as You pay the Renewal Premium before the date of expiry of the Policy. There is an age limit for taking a fresh Policy, but there is no age limit for renewal. However, if You do not renew Your Policy before the date of expiry or within thirty days of the date of expiry, the Policy may not be renewed, and only a fresh Policy could be issued, subject to Our underwriting rules. In such cases, it is possible that a fresh Policy could not be issued by Us. It is therefore in Your interest to ensure that Your Policy is renewed before **expiry**.

**22. CAN THE INSURANCE COMPANY REFUSE TO RENEW THE POLICY?**

We may refuse to renew the Policy only on rare occasions such as fraud, misrepresentation or suppression or non-cooperation being committed by You or any one acting on Your behalf in obtaining insurance or subsequently in relation thereto. If We discontinue selling this Policy, it might not be possible to renew this Policy on the same terms and conditions. In such a case You shall however have the option for renewal under any similar Policy being issued by the Company, provided the benefits payable shall be subject to the terms contained in such other Policy.

In case of revision or modification or withdrawal of the Policy a notice will be provided to You 90 days before such revision or modification or withdrawal.

Renewal can also be refused if the Policy is not renewed before expiry of the Policy or within the Grace Period.

**23. CAN I MAKE A CLAIM IMMEDIATELY AFTER TAKING A POLICY?**

Claims for Illnesses cannot be made during the first thirty days of a fresh Insurance policy. However, claims for Hospitalization due to accidents occurring during the first thirty days are payable. There are certain treatments where the waiting period is two years or four years. Please refer to the terms and conditions of the policy for the same.

**24. WHAT IS THIRD PARTY ADMINISTRATOR (TPA)?**

Third Party Administrator (TPA) is a service provider to facilitate service to You for providing Cashless facility for all hospitalizations that come under the scope of Your policy. The TPA also settles reimbursement claims within the scope of the Policy.

**25. WHAT IS CASHLESS HOSPITALIZATION?**

Cashless hospitalization is service provided by the TPA on Our behalf whereby you are not required to settle the hospitalization expenses at the time of discharge from hospital. The settlement is done directly by the TPA on Our behalf. However those expenses which are not admissible under the Policy would not be paid, and You would have to pay such inadmissible expenses to the Hospital. Cashless facility is available only in Networked Hospitals. Prior approval is required from the TPA before the patient is admitted into the Network Hospital. You may visit our Website at <http://newindia.co.in/listofhospitals.aspx> or the list of Network Hospitals can also be obtained from the TPA or from their website. You will have full freedom to choose the hospitals from the Network Hospitals and avail



Cashless facility on production of proof of Insurance and Your identity, subject to the claim being admissible. The TPA might not agree to provide Cashless facility at a Hospital which is not a Network Hospital. In such cases You may avail treatment at any Hospital of Your choice and seek reimbursement of the claim subject to the terms and conditions of the Policy. In cases where the admissibility of the claim could not be determined with the available documents, even if the treatment is at a Network Hospital, the TPA may refuse to provide Cashless facility. Such refusal may not necessarily mean denial of the claim. You may seek reimbursement of the expenses incurred by producing all relevant documents and the TPA may pay the claim, if it is admissible under the terms and conditions of the Policy.

**26. WHAT IS A PPN? CAN I GO FOR REIMBURSEMENT IN A PPN?**

Preferred provider network (PPN) means network providers in specific cities which have agreed to a cashless packaged pricing for specified planned procedures for the policyholders of the Company. The list of planned procedures is available with the Company/TPA and subject to amendment from time to time.

Yes, your claim will be admissible but Reimbursement of expenses incurred in PPN for the procedures (as listed under PPN package) shall be subject to the rates applicable to PPN package pricing.

**27. CAN I CHANGE HOSPITALS DURING THE COURSE OF MY TREATMENT?**

Yes it is possible to shift to another hospital for reasons of requirement of better medical procedure. However, this will be evaluated by the TPA on the merits of the case and as per policy terms and conditions.

**28. HOW TO GET REIMBURSEMENTS IN CASE OF TREATMENT IN NON-NETWORK HOSPITALS OR DENIAL OF CASHLESS FACILITY?**

In case of treatment in a non-Network Hospital, TPA will reimburse You the amount of bills subject to the conditions of the Policy. You must ensure that the Hospital where treatment is taken fulfills the conditions of definition of Hospital in the Policy. Within twenty four hours of Hospitalisation the TPA should be intimated. The following documents in original should be submitted to the TPA within seven days from the date of Discharge from the Hospital:

- a. Duly Completed claim form
- b. Photo Identity proof of the patient
- c. Medical practitioner's prescription advising admission
- d. Original bills with itemized break-up
- e. Payment receipts
- f. Discharge summary including complete medical history of the patient along with other details.
- g. Investigation/ Diagnostic test reports etc. supported by the prescription from attending medical practitioner
- h. OT notes or Surgeon's certificate giving details of the operation performed (for surgical cases).
- i. Sticker/Invoice of the Implants, wherever applicable.
- j. MLR (Medico Legal Report copy if carried out and FIR (First information report) if registered, where ever applicable.

- k. NEFT Details (to enable direct credit of claim amount in bank account) and cancelled cheque
- l. KYC (Identity proof with Address) of the proposer, where claim liability is above Rs 1 Lakh as per AML Guidelines
- m. Legal heir/succession certificate, wherever applicable
- n. Any other relevant document required by Company/TPA for assessment of the claim.

**29. HOW TO GET REIMBURSEMENT FOR PRE AND POST HOSPITALIZATION EXPENSES?**

The Policy allows reimbursement of medical expenses incurred before and after admissible Hospitalisation up to a certain number of days. For reimbursement, send all bills in original with supporting documents along with a copy of the discharge summary and a copy of the authorization letter to your TPA. The bills must be sent to the TPA within 7 days from the date of completion of treatment. You must also provide the TPA with additional information and assistance as may be required by the company/TPA in dealing with the claim.

**30. WILL THE ENTIRE AMOUNT OF THE CLAIMED EXPENSES BE PAID?**

The entire amount of the claim is payable, if it is within the Sum Insured and is related with the Hospitalization as per Policy conditions and is supported by proper documents, except the expenses which are excluded.

**31. HOW MUCH WE WILL REIMBURSE?**

The covers listed below are in-built Policy benefits and shall be available to all Insured Persons in accordance with the procedures set out in this Policy.

**Hospitalization**

The Company shall indemnify medical expenses incurred for Hospitalization of the Insured Person during the Policy year, up to the Sum Insured and Cumulative Bonus specified in the policy schedule, for,

- a. Room Rent, Boarding, Nursing Expenses as provided by the Hospital / Nursing Home up to 2% of the sum insured subject to maximum of Rs.5000/-, per day.
- b. Intensive Care Unit (ICU) / Intensive Cardiac Care Unit (ICCU) expenses up to 5% of sum insured subject to maximum of Rs.10,000/- per day.
- c. Surgeon, Anaesthetist, Medical Practitioner, Consultants, Specialist Fees whether paid directly to the treating doctor / surgeon or to the hospital in the following manner subject to there being a proper pre numbered receipt from the doctor concerned. Upto Rs.10,000 if paid by cash
- d. Anaesthesia, blood, oxygen, operation theatre charges, surgical appliances, medicines and drugs, costs towards diagnostics, diagnostic imaging modalities and such similar other expenses.

**Other expenses**

- a. Expenses incurred on treatment of cataract subject to the sub limits
- b. Dental treatment, necessitated due to disease or injury.
- c. Plastic surgery necessitated due to disease or injury
- d. All the day care treatments (As per Annexure C attached herewith).
- e. Expenses incurred on road Ambulance subject to a maximum of Rs.2000/- per hospitalisation.

**Note:**

- a. Expenses of Hospitalization for a minimum period of 24 consecutive hours only shall be admissible. However, the time limit shall not apply in respect of Day Care Treatment.

- b. In case of admission to a room/ICU/ICCU at rates exceeding the aforesaid limits, the reimbursement/payment of all other expenses incurred at the Hospital, with the exception of cost of medicines, shall be effected in the same proportion as the admissible rate per day bears to the actual rate per day of Room Rent/ICU/ICCU charges.

#### **AYUSH Treatment**

The Company shall indemnify medical expenses incurred for inpatient care treatment under Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homeopathy systems of medicines during each Policy Year up to the limit of sum insured as specified in the policy schedule in any AYUSH Hospital.

#### **Cataract Treatment**

The Company shall indemnify medical expenses incurred for treatment of Cataract, subject to a limit of 25% of Sum Insured or Rs.40,000/-, whichever is lower, per eye in one policy year.

#### **Pre Hospitalization**

The company shall indemnify pre-hospitalization medical expenses incurred, related to an admissible hospitalization requiring inpatient care, for a fixed period of 30 days prior to the date of admissible hospitalization covered under the policy.

#### **Post Hospitalisation**

The company shall indemnify post hospitalization medical expenses incurred, related to an admissible hospitalization requiring inpatient care, for a fixed period of 60 days from the date of discharge from the hospital, following an admissible hospitalization covered under the policy.

**The following procedures** will be covered (wherever medically indicated) either as in patient or as part of day care treatment in a hospital up to 50% of Sum Insured, specified in the policy schedule, during the policy period:

- a. Uterine Artery Embolization and HIFU (High intensity focused ultrasound)
- b. Balloon Sinuplasty.
- c. Deep Brain stimulation.
- d. Oral chemotherapy.
- e. Immunotherapy- Monoclonal Antibody to be given as injection.
- f. Intra vitreal injections.
- g. Robotic surgeries.
- h. Stereotactic radio surgeries.
- i. Bronchial Thermoplasty.
- j. Vaporisation of the prostate (Green laser treatment or holmium laser treatment).
- k. IONM - (Intra Operative Neuro Monitoring).
- l. Stem cell therapy: Hematopoietic stem cells for bone marrow transplant for haematological conditions to be covered.

**The expenses** that are not covered in this policy are placed under List-I of Annexure-A. The list of expenses that are to be subsumed into room charges, or procedure charges or costs of treatment are placed under List-II, List-III and List-IV of Annexure-A respectively.

### **32. CAN ANY CLAIM BE REJECTED OR REFUSED?**

Yes, a claim, which is not covered under the Policy conditions, can be rejected. In case You are not satisfied by the reasons for rejection, you can represent to Us within 15 days



of such denial. If You do not receive a response to Your representation or if You are not satisfied with the response, You may write to our Grievance Cell, the details of which are provided at our website at <https://www.newindia.co.in/portal/readMore/Grievances>. You may also call our Call Centre at the Toll free number **1800-209-1415**, which is available 24x7.

You also have the right to represent your case to the Insurance Ombudsman. The updated contact details of the office of the Insurance Ombudsman could be obtained from <http://ecoi.co.in/ombudsman.html>

### **33. CAN I CANCEL THE POLICY?**

Yes, You can. You will be allowed a period of fifteen days from the date of receipt of the Policy to review the terms and conditions of the Policy and to return the same if not acceptable.

You may also cancel this Policy by giving 15days' written notice, and in such an event, the Company shall refund premium on short term rates for the unexpired Policy Period as per the rates detailed below.

<b>Refund of Premium (basis Policy Period)</b>	
<b>Timing of Cancellation</b>	<b>Refund % 1 Yr</b>
Up to 30 days	75.00%
31 to 90 days	50.00%
3 to 6 months	25.00%
6 to 12 months	0.00%

Notwithstanding anything contained herein or otherwise, no refunds of premium shall be made in respect of Cancellation where, any claim has been admitted or has been lodged or any benefit has been availed by the Insured person under the Policy.

We may cancel the Policy at any time on grounds of misrepresentation, non-disclosure of material facts, fraud by the Insured Person, by giving 15 days' written notice. There would be no refund of premium on cancellation on grounds of misrepresentation, non-disclosure of material facts or fraud.

The refund would be made **only if no claim has been made or paid under the Policy**

On such cancellation, premium corresponding to the unexpired period of Insurance will be refunded, if no claim has been made or paid under the Policy.

### **34. IS THERE ANY BENEFIT UNDER THE INCOME TAX ACT FOR THE PREMIUM PAID FOR THIS INSURANCE?**

Yes. Payments made for health insurance in any mode other than cash are eligible for deduction from taxable income as per Section 80 D of the Income Tax Act, 1961. For details, please refer to the relevant Section of the Income Tax Act.

### **35. WHAT IS MORATORIUM PERIOD?**

After completion of eight continuous years under this policy no look back would be applied. This period of eight years is called as moratorium period. The moratorium would be applicable for the sums insured of the first policy and subsequently completion of eight continuous years would be applicable from date of enhancement of sums insured only on the enhanced limits. After the expiry of Moratorium Period no claim under this policy

shall be contestable except for proven fraud and permanent exclusions specified in the policy contract. The policies would however be subject to all limits, sub limits, co-payments as per the policy.

**36. IS THERE ANY CO-PAYMENT UNDER THE POLICY?**

Yes, Co-Payment of 5% is applicable on all the claims.

**37. WHAT ARE THE WAITING PERIODS AND EXCLUSIONS UNDER THIS POLICY**

The Company shall not be liable to make any payment under the policy in connection with or in respect of following expenses till the expiry of waiting period mentioned below:

• **Pre-Existing Diseases(Code- Excl01)**

- Expenses related to the treatment of a pre-existing Disease (PED) and its direct complications shall be excluded until the expiry of 48 months of continuous coverage after the date of inception of the first policy with us.
- In case of enhancement of sum insured the exclusion shall apply afresh to the extent of sum insured increase.
- If the Insured Person is continuously covered without any break as defined under the portability norms of the extant IRDAI (Health Insurance) Regulations then waiting period for the same would be reduced to the extent of prior coverage.
- Coverage under the policy after the expiry of 48 months for any pre-existing disease is subject to the same being declared at the time of application and accepted by us.

• **Specific Waiting Period: (Code- Excl02)**

- Expenses related to the treatment of the following listed conditions, surgeries/treatments shall be excluded until the expiry of 24/48 months of continuous coverage, as may be the case after the date of inception of the first policy with the insurer. This exclusion shall not be applicable for claims arising due to an accident.
- In case of enhancement of sum insured the exclusion shall apply afresh to the extent of sum insured increase.
- If any of the specified disease/procedure falls under the waiting period specified for pre-existing diseases, then the longer of the two waiting periods shall apply.
- The waiting period for listed conditions shall apply even if contracted after the policy or declared and accepted without a specific exclusion.
- If the Insured Person is continuously covered without any break as defined under the applicable norms on portability stipulated by IRDAI, then waiting period for the same would be reduced to the extent of prior coverage.
- **24 Months waiting period**
  - Benign ENT disorders
  - Tonsillectomy
  - Adenoidectomy
  - Mastoidectomy
  - Tympanoplasty
  - Hysterectomy
  - All internal and external benign tumours, cysts, polyps of any kind, including benign breast lumps
  - Benign prostate hypertrophy
  - Cataract and age related eye ailments
  - Gastric/ Duodenal Ulcer
  - Gout and Rheumatism

- Hernia of all types
  - Hydrocele
  - Non Infective Arthritis
  - Piles, Fissures and Fistula in anus
  - Pilonidal sinus, Sinusitis and related disorders
  - Prolapse inter Vertebral Disc and Spinal Diseases unless arising from accident
  - Calculi in urinary system, Gall Bladder and Bile duct, excluding malignancy.
  - Varicose Veins and Varicose Ulcers
  - Internal Congenital Anomalies
- **48 Months waiting period**
    - Treatment for joint replacement unless arising from accident
    - Age-related Osteoarthritis & Osteoporosis
- **First Thirty Days Waiting Period(Code- Excl03)**  
Expenses related to the treatment of any illness within 30 days from the first policy commencement date shall be excluded except claims arising due to an accident, provided the same are covered.
  - This exclusion shall not, however, apply if the Insured Person has Continuous Coverage for more than twelve months.
  - The within referred waiting period is made applicable to the enhanced sum insured in the event of granting higher sum insured subsequently.

## EXCLUSIONS

The Company shall not be liable to make any payment under the policy, in respect of any expenses incurred in connection with or in respect of:

- **Investigation & Evaluation(Code- Excl04)**
  - Expenses related to any admission primarily for diagnostics and evaluation purposes.
  - Any diagnostic expenses which are not related or not incidental to the current diagnosis and treatment
- **Rest Cure, rehabilitation and respite care (Code- Excl05)**  
Expenses related to any admission primarily for enforced bed rest and not for receiving treatment. This also includes:
  - Custodial care either at home or in a nursing facility for personal care such as help with activities of daily living such as bathing, dressing, moving around either by skilled nurses or assistant or non-skilled persons.
  - Any services for people who are terminally ill to address physical, social, emotional and spiritual needs.
- **Obesity/ Weight Control(Code- Excl06)**  
Expenses related to the surgical treatment of obesity that does not fulfil all the below conditions:
  - Surgery to be conducted is upon the advice of the Doctor
  - The surgery/Procedure conducted should be supported by clinical protocols
  - The member has to be 18 years of age or older and
  - Body Mass Index (BMI);
    - greater than or equal to 40 or
    - greater than or equal to 35 in conjunction with any of the following severe co-morbidities following failure of less invasive methods of weight loss:
      - Obesity-related cardiomyopathy
      - Coronary heart disease
      - Severe Sleep Apnea



- Uncontrolled Type2 Diabetes
- **Change-of-Gender treatments: (Code- Excl07)**  
Expenses related to any treatment, including surgical management, to change characteristics of the body to those of the opposite sex.
- **Cosmetic or plastic Surgery: (Code- Excl08)**  
Expenses for cosmetic or plastic surgery or any treatment to change appearance unless for reconstruction following an Accident, Burn(s) or Cancer or as part of medically necessary treatment to remove a direct and immediate health risk to the insured. For this to be considered a medical necessity, it must be certified by the attending Medical Practitioner.
- **Hazardous or Adventure sports: (Code- Excl09)**  
Expenses related to any treatment necessitated due to participation as a professional in hazardous or adventure sports, including but not limited to, para-jumping, rock climbing, mountaineering, rafting, motor racing, horse racing or scuba diving, hand gliding, sky diving, deep-sea diving.
- **Breach of law: (Code- Excl10)**  
Expenses for treatment directly arising from or consequent upon any Insured Person committing or attempting to commit a breach of law with criminal intent.
- **Excluded Providers: (Code-Excl11)**  
Expenses incurred towards treatment in any hospital or by any Medical Practitioner or any other provider specifically excluded by the Insurer and disclosed in its website / notified to the policyholders are not admissible. However, in case of life threatening situations or following an accident, expenses up to the stage of stabilization are payable but not the complete claim.
- Treatment for, Alcoholism, drug or substance abuse or any addictive condition and consequences thereof. **(Code- Excl12)**
- Treatments received in health hydros, nature cure clinics, spas or similar establishments or private beds registered as a nursing home attached to such establishments or where admission is arranged wholly or partly for domestic reasons. **(Code- Excl13)**
- Dietary supplements and substances that can be purchased without prescription, including but not limited to Vitamins, minerals and organic substances unless prescribed by a medical practitioner as part of hospitalization claim or day care procedure **(Code- Excl14).**
- **Refractive Error: (Code- Excl15)**  
Expenses related to the treatment for correction of eye sight due to refractive error less than 7.5 dioptries.
- **Unproven Treatments: (Code- Excl16)**  
Expenses related to any unproven treatment, services and supplies for or in connection with any treatment. Unproven treatments are treatments, procedures or supplies that lack significant medical documentation to support their effectiveness.
- **Sterility and Infertility: (Code- Excl17)**
  - Expenses related to sterility and infertility. This includes:
    - Any type of contraception, sterilization
    - Assisted Reproduction services including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI
    - Gestational Surrogacy
    - Reversal of sterilization
- **Maternity Expenses (Code - Excl18):**
  - Medical treatment expenses traceable to childbirth (including complicated deliveries and caesarean sections incurred during hospitalization) except ectopic pregnancy;
  - Expenses towards miscarriage (unless due to an accident) and lawful medical termination of pregnancy during the policy period.
- **War** (whether declared or not) and war like occurrence or invasion, acts of foreign enemies, hostilities, civil war, rebellion, revolutions, insurrections, mutiny, military or usurped power, seizure, capture, arrest, restraints and detainment of all kinds.

- **Nuclear**, chemical or biological attack or weapons, contributed to, caused by, resulting from or from any other cause or event contributing concurrently or in any other sequence to the loss, claim or expense. For the purpose of this exclusion:
  - Nuclear attack or weapons means the use of any nuclear weapon or device or waste or combustion of nuclear fuel or the emission, discharge, dispersal, release or escape of fissile/ fusion material emitting a level of radioactivity capable of causing any illness, incapacitating disablement or death.
  - Chemical attack or weapons means the emission, discharge, dispersal, release or escape of any solid, liquid or gaseous chemical compound which, when suitably distributed, is capable of causing any illness, incapacitating disablement or death.
  - Biological attack or weapons means the emission, discharge, dispersal, release or escape of any pathogenic (disease producing) micro-organisms and/or biologically produced toxins (including genetically modified organisms and chemically synthesized toxins) which are capable of causing any illness, incapacitating disablement or death.
- Any expenses incurred on Domiciliary Hospitalization and OPD treatment
- Treatment taken outside the geographical limits of India
- In respect of the existing diseases, disclosed by the insured and mentioned in the policy schedule (based on insured's consent), policyholder is not entitled to get the coverage for specified ICD codes.
- Congenital external disorder/deformities.



**PREMIUM TABLE (Without GST/-).**

Premium chart is same for both Individual Sum Insured and Floater Sum Insured. For Floater Sum Insured a discount of 5% shall be given.

**For FY 2020-2021 i.e. 1st Apr 2020 to 31st Mar 2021**

Age	1,00,000	1,50,000	2,00,000	2,50,000	3,00,000	3,50,000	4,00,000	4,50,000	5,00,000
<=35	3,626	4,342	5,007	5,470	5,746	6,008	6,250	6,470	6,665
36-45	3,805	4,557	5,257	5,743	6,034	6,309	6,563	6,794	7,000
46-50	6,494	7,798	9,011	9,853	10,357	10,833	11,275	11,675	12,032
51-55	8,409	10,108	11,688	12,785	13,442	14,062	14,637	15,159	15,623
56-60	10,893	13,102	15,155	16,581	17,436	18,241	18,989	19,667	20,271
61-65	14,480	17,426	20,165	22,068	23,207	24,282	25,279	26,184	26,990
66-70	17,658	21,257	24,603	26,927	28,318	29,631	30,849	31,954	32,938
71-75	21,541	25,936	30,023	32,861	34,561	36,165	37,652	39,002	40,203
>76 & above	26,283	31,651	36,642	40,110	42,185	44,144	45,961	47,609	49,077

**Note:**

- Based on emerging experience the price will be revised upwards automatically up to 6% every year across all the age bands.
- Incase experience is favorable the increase may even be not considered or maybe done by a rate less than 6% also.